

October 11, 2015
Celebrate Recovery Sunday



“Messy spirituality is a description of the Christianity most of us live and that few of us admit. It is an attempt to break through the religious wall of secrecy and legitimize a faith which is unfinished, incomplete, and inexperienced.” Mike Yaconelli (from the book “Messy Spirituality”)

If you could give a one-word description of following Christ, what would it be? (Perfect? Dysfunctional? Etc) Share your word with your group and the reasons you picked that word.

Read Luke 11:37 - 54

What is Jesus’ assessment of perfect religious people?

When it comes to spirituality, is our view more like the teachers of the law or more like Jesus?

Is Spirituality a journey or a destination? How would you define it? How do you think the “Church” historically has portrayed it?

If you would have been a religious leader when Jesus spoke, what would your reaction been when he said “Woe to you?” How does our reaction to the “Woe to You’s” of life impact our spiritual progress.

Read Psalm 51:1-12

This is David’s Psalm written after being confronted by Nathan the prophet. (2 Sam 12)

What kinds of things had to take place in David for him to get to a place of healing?

What thoughts about us and about who we are get in the way of spiritual growth and healing? What steps do you think people can take to get passed some of those barriers?

At what time in the process was David the most spiritual and how does that line up with our preconceived ideas of spirituality?

Read Acts 19:18 , 1 John 1:8-9, James 5:16

Rick Warren has stated “We confess our sins to God to be forgiven, we confess our sins to others to be healed.”

What are your thoughts about that statement? Do you agree or disagree? Why?

Another statement passed down through the ages is “Confession is good for the soul”. James seems to agree.

Have you ever had to confess a sin to someone else? How difficult was it? How did it make you feel prior to and afterward?

One of the components of Celebrate Recovery is that it offers an environment for living out James 5:16.

What does it take for most people to get to the place of that kind of healing?

What different components of ourselves and our relationships with others need to be worked through to arrive at this place of healing?

When Paul was wondering who would rescue him from his struggle with things in his life, his answer was “Thanks Be to God - through Jesus Christ our Lord”. (Rom 7:25)

Pray for your group members that they would know victory in Christ.