

Praise..... is the simple basic word implying an expression of approval, esteem, honor or commendation. Psalm 146 begins with the word praise which is the Hebrew word Hallal, which means to rave, to boast, to be clamorously foolish.

Read exodus chapters 14 & 15

Moses and the Israelites sang a song to God praising and exalting him for their salvation after He parted the Red Sea so they could escape from the Egyptians (chapter 14)

When you have experienced an act of salvation or a life changing experience do you express praise? If so, how?

Do you pray out loud or pray silently? Do you sing songs of joy or do you dance? While we may use different expressions, the key is that we praise God.

Praise is quite frankly a response to our trust in God.

Read proverbs 3:5 & 6

In whom do you put your trust most often?your church family, pastors, prayer groups, family, friends, co-workers or those in social groups? When we trust and that trust is fulfilled, we express gratitude and praise.

Very often, when people have earned out trust, we express thanksgiving, joys and concerns to them. Do we do that with God?

Do we honor Him because He is trustworthy? Do we praise Him because He is faithful?

Think about why you trust God and take time to offer Him the praise that is due Him alone.

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Selah - Taking Pause in the Psalms

Psalm 146 - A Psalm of Worship

Doug Joseph



_____ **place your Faith/ Trust in Man.**
Isaiah 2:6-22 2 Timothy 4:2-5

_____ **put your Faith / Trust in God!**
2 Timothy 4:6-8

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