

What is the cause of our lack of strength? There is a primary and a secondary cause.

1. The PRIMARY cause: Ignorance of the resources at our disposal. Yes, ignorance! Look up Hosea 4:6, compare Matthew 22:29, and then see what Isaiah 40:28 says: “Do you not know... What are the resources at our disposal? Read verses 28 and 29 ? – “The LORD is the everlasting God, the Creator... He is offering to give us power and strength. Against the sad background of our failure is the promise of the everlasting God, the Creator of the universe, to turn our failure into glorious triumph. He places all His unlimited resources of strength and power at our disposal - but we must tap these resources.

2. The SECONDARY cause: Failure to tap these resources.

Verse 29 says, “He gives...”, and in response to His giving we must receive. How does this giving and receiving take place? How does God transfer His power to me? Verse 31, KJV, gives the answer – “They that wait upon the Lord”. But what does it mean to “wait upon the Lord?” Does it mean to pray, worship, attend services and read the Bible? Yes, but not primarily. It means to “keep silence before God” - look up Isaiah 41:1, and compare Psalm 62:1, KJV, where the word ”wait literally means “be silent”. Look up Proverbs 8:34.

Waiting upon God means to be cast upon Him in utter dependence, ready to hear His voice and to do His will, having our whole expectation from Him. It implies complete confidence and trust in the Lord, and absolutely no confidence in self or in human help.

What is the result of such waiting upon the Lord?

We will have God’s strength in place of our weakness.

The word ”renew” may be literally translated ”change” or “exchange”. Our greatest weakness is our own strength, and if we will go to the Lord in our utter weakness He will exchange it for His strength (see 2 Corinthians 12:9). the result- strength renewed

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Series: **Reboot**

Renew My Strength

Pastor Rick Rufenacht



We renew our strength by...

Remembering the Sabbath

Ex 20:10 Mr 2:27

Partnering with the Lord

Matt 11:29-30 Lu 10:41-42

Connecting in Prayer

Psalm 86:15-16 Isa 33:2

Waiting on God

Is 40:30-31 Ps 40:1