

So when is busy too busy? When is being busy good? We were reminded of the story of Mary and Martha (Luke 10:38-42) . Many of us identify with Martha. She thought she was doing what the Lord would want. But, what "one thing" did Jesus tell Martha was necessary?

Read Mark 1:35-37, Mark 6:30-31, Luke 5:15-16 and Luke 22:39-45. Who do you see resting in these scriptures? What was happening during the resting time? How should this be reflected in our "rest time"?

What do we say "yes" to and what do we say "no" to?

What do these verses say about sowing to the Spirit? (Gal 6:7-9, Rom 6:22-23 and John 6:27) Col 3:1 says we should seek things above. How does this help us to prioritize things? What areas do you think need reassessed in your daily life? Do you have time to give or do you need to shuffle your schedule to allow for ministry or rest?

The Word is clear that we must be intentional in making time to rest in Jesus (not just resting in front of the tv or surfing the web). How can you discern what is truly important? Good ideas are not always God ideas. "Is it of God or is it of the world?" is a good litmus test.

The Word has much to offer in time and money saving points:

*Lack wisdom, ask God - James 1:5

*Need an easy yoke? - Matthew 11:30

*God has plans too - Jeremiah 29:11

*Haggai 1:5-9 - holes in your pocketbook?

*Do a search in the Word on toiling and blessing and note your findings on the back of this paper. It is a search worth your time.

How can you give time and/or resources when you have nothing left to give to the ministry? List 3 things you can purposefully do this week to apply these principles to your daily life:

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Series: **Reboot**

Pastor Rick Rufenacht

Rebuild My Margin



Accept my limitations

Psalm 119:96

Expect To Have Problems

John 16:33

Put Space In My Schedule

Ec 10:15

Prune Your Activities

1 Corinthians 6:12

Do Less and Trust God More