

Who loves discipline? No one truly loves being disciplined or having discipline. Why do you think we have associate a negative connotation to discipline?

The definition of “discipline” = training to ensure proper behavior. The definition of “being disciplined” = having a conscious control over your lifestyle.

Discipline is what Christ followers need most and want least. Why do you think that is the case? What keeps you from being disciplined?

Read 2 Timothy 1:7 and Galatians 5:22-23.

Think about all the New Year’s resolutions that people make every year. People say they are going to eat right, work out, try something new, spend more time with God, or tithe. Yet, how many of those resolutions are kept?

Our goal is to be like Jesus. Discipline is helping us achieve our Christ-like spirit, mind, heart, character...everything. Discipline is the key to power. A person with a disciplined life has values that are seen, not only in their spiritual life, but also in greater efficiency and effectiveness in everything done for the Lord.

Have you ever seen a true champion of the faith? What do you notice about that person that is different than others?

Read what Paul says in 1 Corinthians 9:27. In what areas is Paul saying we must be disciplined? In what areas are you excelling? In what areas do you need to focus?

Read Matthew 6:33. What is this passage saying about prioritizing our time, about being disciplined?

Discipline is the path to purpose. Our goal is to be like Jesus. Jesus was disciplined. His whole purpose on coming to the earth was to live and die for you and me.

Read Hebrews 12:2 and Luke 9:23.

Discipline isn’t what any of us want, but it’s what all of us need. Spiritual depth is a result of a disciplined life.

This week ask the Lord to give you a heart of obedience to be disciplined. Start small; seek the Lord for guidance; and extend yourself grace when you fall short.

July 29, 2018

Series: **1 Thessalonians**

Final Thoughts

Pastor Rick Rufenacht



1 Thess 5:12 -24

Be People of

Discipline

Be joyful Always

Pray Continually

Give Thanks in all Circumstances

Discernment

1Co 2:10 Acts 2:17 1Co 14:3-4

Dependence

Eph2:8-9 Romans 8:28 - 31