

March 31, 2019

**The Road Less Traveled**

*The Law of Where You Look*

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John 3:1-21

         **Sin**          **derails real life.**

Romans 6:23

Galatians 6:8

**Life comes through   one   specific means.**

John 12:32

2 Corinthians 5:21

Revelation 1:5

**The Law of Where You          Look         .**

Hebrews 12:2

If you could spend two full days just resting, where would you go and what would you do to rest?

We live life at 100 mph. Life is hectic. Life is exhausting. The Bible says that God wants us to be people that not only work, but rest.

Read Hebrews 4:1-10.

What is the rest that the writer talks about?

What does it mean for you to experience the rest of the Gospel?

What does it mean that if we enter God's rest, we rest from work?

We tend to blame the madness of society and the chaos of our schedules for not experiencing rest. The real culprit is sin. How many times have you fallen victim to the world and its lies? Twisting the truth is okay. Or blaming others for our own mistakes. We justify our actions and attitudes. Sin IS sin and all sin is equal. Every sin has the same effect - separation from God.

Read Hebrews 3:12 and Hebrews 4:1-2

What does the author say is our responsibility when it comes to securing the rest?

What are the instructions for us?

Unbelief is something that breeds unrest, and that unbelief can manifest in different ways.

Read Philippians 4:6 and Hebrews 3:19

What are things that can be the root of anxiety?

In what way are anxiety and unbelief tied together?

In what ways are we like the Israelites in unbelief?

Read Psalm 46:1 -10

It is hard to relax. It takes effort to stop being in charge of your life. We want control and we want to know our next steps and future plans.

What are some "rest" principles you notice in this passage that can help us through times of unrest?

What does it truly mean to be still and know that He is God?

As we read the Psalms, we are reminded that the Word of God has a great deal to do with helping us be at rest. Psalm 119:105 tells us that the Word is a lamp to our feet and a light to our path. The Word gives us direction and comfort.

Now consider Hebrews 4:11-13

While it seems out of place, how do verses 12 and 13 tie into this whole idea of rest?

What are some specific ways that the Word can help you relax and rest in life?

Consider the words; Active, piercing, discerning, exposing. How do each of those activities of the Word enable us to draw closer to the gospel rest?

Your challenge:

" Be relaxed and bold. If you are in the rest of Jesus, you walk with a confidence that cannot be shaken. He will provide. He will lead. Your job then is to surrender yourself more and more to His will in your life. Allow the Holy Spirit control over every area. What are those areas in which you are still holding tight? As you experience a life directed and powered by Jesus, stressors will seem less powerful. You will follow Him into new and "risky" experiences because He is growing you. The boldness of a believer who thrives in rest is unmatched!